

# Disaster Preparedness Resources

## Disaster Preparedness Kit Resources

- **[www.quakekare.com](http://www.quakekare.com)**  
Products include deluxe or standard home survival kits, pet survival kits, and hygiene kits. Site also offers emergency food and water supplies, lights, radios, shelter, and first aid kits.
- **[www.lifeprepared.com](http://www.lifeprepared.com)**  
Save 20%–40% off retail prices. Products include 72-hour kits in backpacks, emergency tools, lighting, food and water supplies, water filtration bottles, water purification tablets, hygiene kits, first aid kits, cell phone chargers, radios, and shelter supplies.
- **[www.redcrossstore.org](http://www.redcrossstore.org)**  
Products include emergency preparedness kits in backpacks and shortwave radios with a flashlight and cell phone charger.
- **[www.firstaid-supply.com](http://www.firstaid-supply.com)**  
Provides wholesale disaster and survival kits to the public for up to 85% off. Extensive product offerings include first aid kits, survival kits, CPR supplies, emergency products, and safety supplies. Site also offers burn care supplies, food and water supplies, emergency sanitation, shelter and sleeping products, portable generators, AC/DC television, megaphones and radios and battery-free cell phone chargers. Site also offers fire evacuation supplies including ladders, extinguishers and fire hoods and blankets.
- **[www.saratogatradingcompany.com](http://www.saratogatradingcompany.com)**  
Provides personal, family, auto and office kits packed in grab-and-go backpacks. Also offers a hand crank radio with flashlight, sidewinder cell phone chargers, water supplies and filters, large supply of freeze dried gourmet meals, miniature stoves, solid fuel, sanitation supplies, blankets, and whistles.
- **[www.satphones4all.com](http://www.satphones4all.com)**  
Provides GPS phones and kits.
- **[www.disasternecessities.com](http://www.disasternecessities.com)**  
Provides emergency and food storage supplies to fit your needs and budget. Products include 72-hour kits, first aid kits, food supplies, pet supplies, televisions, radios, bullhorns, Lifeline emergency kits with phone, sidewinder cell phone chargers, sanitation supplies, and fire safety products.
- **[www.preparedness.com](http://www.preparedness.com)**  
Provides supplies for food, water, first aid, cooking, heating, lighting and sanitation. Also provides pet supplies and radios.
- **[www.americanfamilysafety.com](http://www.americanfamilysafety.com)**  
Provides 72-hour kits, earthquake and hurricane supplies, first aid, pet kits and food and water rations.
- **[www.urbansurvivaltools.com](http://www.urbansurvivaltools.com)**  
Provides single or multiple person supply kits, backpack kits and first aid supplies.

- **[www.homefrontemergency.com](http://www.homefrontemergency.com)**  
Owned and operated by firefighters and a disaster preparedness specialist with over 25 years of experience. Offers “The Everything Kit” as seen on The Today Show. Also offers several different preparedness kits, emergency food and water rations (including Ready to Eat Meals), first aid kits, trauma kits, pet kits, lighting, radios, televisions, blankets, hygiene and search and rescue tools.
- **[www.mydisastersurvivalkit.com](http://www.mydisastersurvivalkit.com)**  
MyDisasterSurvivalKit.com has wholesale disaster survival kits, first aid kits, and supplies. They offer a complete line of emergency preparedness, earthquake preparedness, hurricane preparedness, disaster survival, and first aid kits. Their products contain essential items recommended for survival kits by F.E.M.A. and The American Red Cross.

## Family Preparedness Resources

- **[www.michigan.gov/michiganprepares](http://www.michigan.gov/michiganprepares)**  
Resources to help develop a plan for individual and family emergencies.
- **[www.fema.gov/areyouready](http://www.fema.gov/areyouready)**  
Are You Ready? An in-depth guide to citizen preparedness.
- **[www.fema.gov/plan](http://www.fema.gov/plan)**  
FEMA resources to plan ahead, prepare and protect your family during emergencies.
- **[www.michigan.gov/msp/0,1607,7-123-1593\\_3507-25233--,00.html](http://www.michigan.gov/msp/0,1607,7-123-1593_3507-25233--,00.html)**  
A family preparedness guide for different types of disasters.
- **[www.realtor.org/GAPublic.nsf/files/EmergencyGuide.pdf/\\$FILE/EmergencyGuide.pdf](http://www.realtor.org/GAPublic.nsf/files/EmergencyGuide.pdf/$FILE/EmergencyGuide.pdf)**  
Emergency preparedness guide for homeowners.
- **[www.ready.gov/america/getakit/seniors.html](http://www.ready.gov/america/getakit/seniors.html)**  
Emergency planning information specifically geared towards older Americans.
- **[www.southernnevadahealthdistrict.org/preparedness/calendar.htm](http://www.southernnevadahealthdistrict.org/preparedness/calendar.htm)**  
Southern Nevada District Health Department disaster supplies calendar. This resource shows how to put together a family disaster supply kit over a six month period to spread out the cost and effort.
- **[www.do1thing.us](http://www.do1thing.us)**  
Do1thing is a 12-month program that makes it easier for you to prepare yourself, your family, and your community for emergencies and disasters.

## Additional Resources Helpful in Pandemic Planning

- [www.hhs.gov/pandemicflu/plan](http://www.hhs.gov/pandemicflu/plan)
- [www.pandemicflu.gov](http://www.pandemicflu.gov)
- [www.cdc.gov/flu/weekly/fluactivity.htm](http://www.cdc.gov/flu/weekly/fluactivity.htm)
- [www.cdc.gov/flu/professionals/diagnosis](http://www.cdc.gov/flu/professionals/diagnosis)
- [www.cdc.gov/flu/professionals/training](http://www.cdc.gov/flu/professionals/training)
- [www.cdc.gov/ncidod/sars/guidance/i/pdf/i.pdf](http://www.cdc.gov/ncidod/sars/guidance/i/pdf/i.pdf)
- [www.cdc.gov/flu/professionals/infectioncontrol](http://www.cdc.gov/flu/professionals/infectioncontrol)
- [www.cdc.gov/flu/professionals/vaccination](http://www.cdc.gov/flu/professionals/vaccination)
- [www.prepare.org](http://www.prepare.org)
- [www.fema.gov](http://www.fema.gov)
- [www.ready.gov](http://www.ready.gov)
- [www.redcross.org](http://www.redcross.org)

## List Serve Weekly Updates

- [www.bt.cdc.gov/coca/callinfo.asp](http://www.bt.cdc.gov/coca/callinfo.asp)

## Reference Books

- Meehan Arias, Kathleen, Moore Soule, Barbara.  
The APIC/JCAHO Infection Control Workbook.  
Joint Commission Resources, 2006.
- Rhinehart, Emily, McGoldrick.  
Infection Control in Home Care and Hospice, 2nd. Ed.  
Jones and Bartlett Publishers, 2006.
- Martin, Dezzani Sharon (2006).  
Avian Flu: Should We Worry in Home Healthcare?  
Home Healthcare Nurse vol. 24, January, 38-47.